

Transitional Living Skills (TLS) Specialist:

The TLS Specialist's primary purpose is to provide community-based services for individuals who have sustained a head injury who would otherwise require institutionalization in a head injury rehabilitation facility. The TLS Specialist works with individuals who have experienced traumatic brain injury and helps them learn the skills necessary to be independent. The TLS Specialist is a part-time position that has the potential to be a full-time position based primarily on the caseload involved. The initial wage is \$12/hour. Training for this position is provided by RCIL, Inc. For more information on specific opportunities please contact Melody Baker, LPC, TBI Targeted Case Manager, at 1-800-580-7245 or email melody@rcilinc.org

General Information on Transitional Living Services:

Transitional living services are in-home training and support services designed to prevent and/or minimize chronic disabilities while restoring the individual to the optimal level of physical, cognitive, and behavioral functions within the context of the person, family, and the community. This service is designed to teach a person with a head injury how to become more self-sufficient by the application of skills in the following curriculum areas: household management, disability and social adjustment, problem-solving, functional communication, self-management, and community living. Training is to be provided in the person's home by a trained TLS specialist. Training and supports are expected to decrease as a person's skills increase. Requirements Transition Living Services are provided by a Transitional Living Skills (TLS) Specialist who evaluates the ability of a person with a head injury to manage basic needs and provide training to develop skills in the following areas: personal hygiene, scheduling of personal care and attendant management when appropriate, household skills training, and resource acquisition. TLS are provided so individuals with brain injuries can learn strategies to deal with cognitive, physical and/or behavioral deficits.

The TLS Specialist's role encompasses several types of activities, designed to assist the individual with a head injury to access resources and maintain their highest level of independence and self-sufficiency. The activities consist of: 1. Individual assessment; 2. Disability awareness training; 3. Intensive Training; and 4. Ongoing monitoring of the recipient's performance in the home as determined by the plan of care.

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